



Rock Spa

By Rosyth



Spa Menu



Rock Spa by Rosyth

Welcome to our Spa. We suggest that you leave your valuables locked in your room and only take enough for a small gratuity for your therapist. The spa therapists do not share the joint gratuities with the rest of the team.

We only have one male therapist. We recommend that you book your appointment in advance to ensure availability of the therapist. The therapist may be on leave.

To enjoy the full benefit of the spa, we recommend that you take a cool shower to refresh your body prior to your treatment. Drink a glass of water prior to arrival. Please note the spa does not have any toilet facilities.

There is an outdoor shower with ambient temperature.

Yoga

We offer complimentary yoga in the spa pavilion in the morning (approximately 7.30am). Please let the butlers know if you are interested. If you wish to have a private massage

Enjoy home-made ginger tea after your massage.



Massages

Rosyth Signature Massage - Holistic - a light to medium pressure soothing massage with long, flowing movements using lemongrass aroma oil.

60 min Rs: 7000 /90 min Rs :10,000

Swedish Massage - An Energizing deep tissue massage designed to warm and relax the muscles.

60 min Rs: 7000 /90 min Rs :10,000

Foot Massage - Ideal for tired and aching feet. Start with a foot cleansing ritual. This massage improves blood circulation.

60 min Rs: 7,000

Jet lag relief

Unwind into holistic massage that delivers swift rejuvenation, neck shoulder and back massage.

45 min Rs : 6000.00

Target Massage

Unwind with a holistic massage that delivers swift rejuvenation, with specific attention paid to the feet, legs, back, neck, shoulders, hand and arm or head, depending on where you tend to hold the most tension.

Choice of:

Head Massage

Neck & Shoulder Massage

Lower limb Massage

Foot Massage

30 min Rs : 5000.00



The Rosyth Experience

The signature spa ritual takes you on a tropical sensory experience to bring you entire being into a state of bliss.

Start with a foot ritual Black tea and lime foot feast.
Follow with a 90 minute Rosyth Signature Massage.
We'll then polish your body with a herbal body polish to rehydrate

120 Minutes Rs.14,000

Aromatic Salt scrub

This is perfect to exfoliate skin in preparation for a deep and lasting tan. Fresh coconut combines with aromatic salt scrub

45 Minutes Rs 6,000

Milky scrub and Wrap

This is perfect to exfoliate skin in preparation for a deep and lasting tan. Fresh coconut

45 Minutes Rs 6,000